



## OYT South COVID -19 Standard Operations Procedures

### **SECTION A GENERAL**

#### **COVID -19 SOPs**

This document is intended to support our operations in the light of COVID -19. It is in addition to our standard SOPs contained in the Training Manual. Where the documents may differ then this document supersedes any earlier guidance. This document will be reviewed regularly if changes in legislation or guidance require it. Changes will be publicised through the bulletin, T and S Notices, briefings on board and notices to passengers/trainees and staff where appropriate. The latest edition of this will be kept on board.

#### **1. 'Covid-19 secure' policy statement**

OYT South will use our best endeavours to ensure that the vessel is as COVID-safe as is reasonably possible. By implementing a system of controls, we create a safer environment for all those who sail with us.

OYT South will operate in a COVID responsible way and will use the following control measures to minimise risk:

1. Ensure good hygiene for everyone.
2. Maintain appropriate cleaning regimes.
3. Keep occupied spaces well ventilated.
4. Follow public health advice on testing, self-isolation and managing confirmed cases of COVID-19.

#### **2. Covid 19 risk assessment**

OYT South has a legal duty to protect people from harm. This includes taking all reasonable steps to protect those who sail with us from COVID-19. OYT South has a COVID-19 risk assessment that is under constant review. Any changes will be reflected in this document. At all stages we will question whether or not our proposed activity should take place at the time and whether the activity can safely go ahead.

#### **3. How to raise a concern**

There may be occasions where you have concerns about practices, safeguarding, risk management, behaviour and social distancing (please note this is not an exhaustive list). You should be able to find support via the following routes:

- Contact the Skipper or First Mate
- Contact the Chief Operating Officer or CEO
- Contact the Chair of OYT South

#### **4. Monitoring of covid-safe procedures**

The following review procedures will be applied in relation to the COVID-19 procedures:

- Staff COVID-19 induction training by procedures sent out pre-voyage and by briefings/refreshers on board, if needed.
- Ongoing COVID -19 training as required.
- Immediate COVID-19 reviews as required.
- Post-voyage safety review during end of voyage mop-up with staff, and feedback to CEO.
- Inspections afloat and ashore by senior members of staff.
- Amendments made as per updates from National Governing Bodies, Government Guidance and outcomes of incidents.

#### **5. People on Board**

##### **5.1 Total number of staff and trainees/passengers**

Occupancy levels are normally set depending on:

- The physical, emotional and developmental needs of the group
- The expected weather, voyage duration and activities planned.

This will normally mean 15 young people / group leaders and 6-8 sea staff.

For day sails the limit will be 12 crew / passengers, plus sea staff as needed.

This may be modified if relevant Covid guidance is issued.

##### **5.2 Those at greater risk – young people, staff and volunteers**

Following expert clinical advice and the successful rollout of the COVID-19 vaccine programme, people previously considered to be particularly vulnerable, clinically extremely vulnerable (CEV), and high or higher-risk are not being advised to shield. In general, people previously considered CEV can sail but should follow the same COVID-19 guidance as the rest of the population.

People over the age of 12 with a weakened immune system should follow [COVID-19: guidance for people whose immune system means they are at higher risk - GOV.UK \(www.gov.uk\)](https://www.gov.uk/guidance/covid-19-guidance-for-people-whose-immune-system-means-they-are-at-higher-risk). In general, there remains a smaller number of people whose immune system means they are at higher risk of serious illness from COVID-19, despite vaccination. Immunosuppression means they have a weakened immune system due to a particular health condition or because they are on medication or treatment that is suppressing their immune system. People who are immunosuppressed, or have specific other medical conditions, may have a reduced ability to fight infections and other diseases, including COVID-19. We will work with these people on a case-by-case basis to ensure their wellbeing if they wish to join a voyage.

In some circumstances, an individual in one of the categories covered by this section may have received personal advice from their specialist or clinician on additional precautions to take and they should continue to follow that advice. We may advise that such advice is taken before we accept / confirm a booking.

7.3.2023

Equality is at the heart of what we do. We are mindful not to discriminate, directly or indirectly, against customers or sea staff with protected characteristics.

We will consider the concerns expressed by any staff or customer who considers themselves to be at higher risk, which may include those from vulnerable groups or those from ethnic minorities, and continue to pay special attention to and support all with protected characteristics.

### **5.3 Visitors / Contractors**

We have always sought to be welcoming to guests and visitors; but we need to balance this against the risk of bringing COVID -19 on board.

Before anyone comes on board we will do the Appendix 1 pre-Boarding Check.

In general, for visitors or contractors we will be mindful that it may be appropriate to:

- Ask visitors to sanitise their hands before boarding
- Ask people to wear face coverings below decks
- Restrict visits to one member of staff designated to deal with contractor/visitor
- Restrict the number of visitors / contractors on board at any one time
- Keep other people away from the area in which a contractor works, and clean that area afterwards, including handholds etc. which may have been used for access
- Ask contractors / visitors to use toilets ashore
- Ensure good ventilation

### **5.4 Vaccinations Policy**

We strongly advise everyone who sails with us to get a COVID-19 vaccination and boosters when available.

## **SECTION B BEFORE GETTING ON BOARD**

### **1. Pre-voyage screening**

- Everyone must be informed that they may not come to the vessel if they cannot comply with all elements in Appendix 1 "COVID-19 Medical Declaration".
- OYT South will carry out screening on arrival before allowing any individual to join the vessel.

Anyone unable to meet all the requirements of the pre-voyage screening may NOT join the voyage.

### ***Signs and Symptoms of COVID-19***

The main symptoms of COVID-19 are a recent onset of any of the following:

- a new continuous cough
- a high temperature
- a loss of, or change in, your normal sense of taste or smell (anosmia)

Other symptoms linked with COVID-19 include shortness of breath, fatigue, loss of appetite, muscle ache, sore throat, headache, stuffy or runny nose, diarrhoea, nausea and vomiting. Any of these symptoms may also have another cause.

7.3.2023

In the case of diarrhoea, nausea and vomiting you must have been symptom-free for at least two days before joining.

If any of this means you cannot join a voyage, please contact us immediately.

(If you are concerned about your symptoms, or they are worsening, contact 111 or speak to your GP. In an emergency dial 999).

If prior to a voyage you:

- have any of the main symptoms of COVID-19
- have received a positive COVID-19 lateral flow test (LFT) or polymerase chain reaction (PCR) test result
- live in the same household as, or have had close contact with, someone who has COVID-19

then please read Appendix 1.

## **2. Procedure on Sea Staff / Crew joining the vessel**

The aims here are:

- To carry out appropriate checks before people join the vessel
- To ensure that parents/carers do not leave until these checks have been completed, so that if, for example, someone fails the Symptom Check and we refuse boarding, they still have transport home.

A Symptom Check will be carried out before anyone may board the vessel.

Checks will cover the following steps:

- They have not tested positive (even if asymptomatic) or had any signs or symptoms of Covid-19 in the last 10 days (temperature above 37.8 C, persistent cough, loss of taste and/or smell, headache, stuffy or runny nose, sore throat, shortness of breath, fatigue, loss of appetite, muscle ache, diarrhoea, nausea and vomiting); or if they have had any of these symptoms, they have since had a negative Covid test. Additionally in the case of diarrhoea, nausea and vomiting, individuals will need to have been symptom-free for two days before joining.
- They have not knowingly had any contact, in the last 10 days, with anyone with anyone who has had any signs or symptoms of Covid-19 in the last 10 days, or who has tested positive.

Anyone unable to confirm both these things MUST have contacted the OYT South office as soon as they became aware of the problem. If you become aware of the problem between 4pm Friday and 9am Monday, when our office is shut, and the start time of the voyage means that you NEED a decision over the weekend, you should call the boat on 07990 518915 and ask to speak to the Skipper. No-one else on board is authorised to deal with this.

The decision on whether someone can join the voyage will depend on their specific personal circumstances (see Appendix 1) plus consideration of whether anyone else booked on the voyage is particularly vulnerable. If it has been agreed that someone can safely join the voyage, this will have been confirmed to the participant by email; and staff on board will be aware of why they have been

7.3.2023

granted an exemption from the conditions above. The Symptom Check will ask for confirmation that nothing has changed.

In addition:

- They have not been told by a medical professional that they should be taking additional precautions due to the risk of getting COVID -19
- They are not required to self-isolate for travel-related reasons
- *(For young people and accompanying group leaders)* That there is someone available to collect a person from the boat as quickly as possible if they develop Covid-19 symptoms during the voyage.

Following the Symptom Check, anyone who cannot meet these requirements may not join the boat.

Those who meet the above requirements will be asked to sanitise their hands and may then join the boat.

## **SECTION C DURING THE VOYAGE**

### **1. Activities in general and social distancing:**

The use of good hygiene practices is key to lowering the risk of spreading Covid-19.

We will regularly remind everyone of the following:

- Frequent and thorough hand cleaning should be regular practice. We should ensure everyone cleans their hands regularly. This can be done with soap and water or hand sanitiser.
- Respiratory hygiene: “Catch it, kill it, bin it” continues to be important and a poster should still be displayed.
- Ventilate vessel by opening hatches and running fans whenever possible.
- If any symptoms of Covid-19 are detected: inform the skipper immediately. The skipper will follow the procedure for symptomatic persons immediately.

### **2. Face coverings**

We will provide everyone with a buff face covering.

#### *2.1 When to be used*

The decision as to whether face coverings are to be worn above or below decks or for specific activities will be based on the latest government regulations, governing bodies, the client group’s wishes, any guidance currently in place and the nature of the group involved.

Face coverings may be used if someone on board tests positive (see Appendix 6). If anyone wishes to wear a face covering in other circumstances, this will not be discouraged or prevented.

#### *2.2 Some individuals are exempt from wearing face coverings.*

This applies to those who:

- cannot put on, wear or remove a face covering because of a physical impairment or disability, illness or mental health difficulties

7.3.2023

- speak to or provide help to someone who relies on lip reading, clear sound or facial expression to communicate

### *2.3 Face coverings in general*

Face coverings are largely intended to protect others, rather than the wearer, against the spread of infection because they cover the nose and mouth, which are the main confirmed sources of transmission of virus that causes coronavirus infection (COVID-19).

## **3. Sailing area**

When we sail outside the UK then all staff and crew must adhere to the appropriate country's government travel advice on travel to and from England during coronavirus (COVID-19).

[Foreign travel advice - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

[Travel abroad from England during coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

[Travel to England from another country during coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

[Entry requirements - France travel advice - GOV.UK \(www.gov.uk\)](https://www.gov.uk)

[Useful Information | Visit Guernsey](#)

[COVID-19 \(Coronavirus\) | States of Guernsey - COVID-19 \(gov.gg\)](#)

[Travelling to, from and through the UK | States of Guernsey - COVID-19 \(gov.gg\)](#)

[COVID-19 Information | Jersey Covid Rules | Visit Jersey](#)

[Travelling to Jersey \(gov.je\)](#)

## **4. Cleaning**

### 4.1 General

- A more frequent cleaning routine is in place particularly for high-touch areas like grab rails, door handles and light switches.
- The saloon, doghouse and heads areas are the highest traffic area so will need to be cleaned more frequently.
- Routine cleaning shall be morning happy hour; and other times at the Skipper's discretion.
- The galley must be cleaned immediately after any work takes place in this area.
- Each heads compartment will have cleaning products easily to hand, and users are asked to wipe down surfaces after use.
- All sinks to have soap and disposable paper towels

### 4.2 Hand sanitiser will be available on board

## **5. Shore leave**

The decision on whether to grant shore leave will be assessed based on the following, in addition to our standard risk assessment /procedures for shore leave:

- the COVID-19 infection rate where the vessel is berthed
- what has been agreed with the group leader/organiser, and their protocols.

## **6. Seasickness**

When working with people who cough, spit or vomit but do not have coronavirus (COVID-19) symptoms, standard routine PPE should be worn.

7.3.2023

## **7. Emergency situations**

In the event of any emergency, normal operating procedures should be followed.

## **8. First Aid**

- PPE will be readily available for any first aid incident.
- In the event of any minor first aid, the casualty should be encouraged to treat themselves, with instruction where appropriate.
- If more serious first aid is required, staff are to ensure that both they and the casualty are wearing the appropriate PPE (masks if necessary, gloves) and that hands are sanitised both prior to and after the injury has been dealt with.

## **9. Safeguarding**

The coronavirus (COVID-19) outbreak may have caused significant mental health or wellbeing difficulties for some young people and they may be at increased risk of harm or abuse. We may encounter individual young people who found the long period at home hard to manage, those who developed anxieties related to the virus and some who may also have experienced bereavements in their immediate family or wider circle of friends or family or had increased or new caring responsibilities.

For these reasons, it is important to be aware of the safeguarding issues that can put children at risk, such as abuse and neglect, and the signs to look out for.

Signs to look out for which may suggest that a child is being harmed or is at risk of harm include:

- unusual injuries, including bruises, burns, fractures, bite marks or signs of self-harm
- consistently poor hygiene, poor living conditions or inappropriate clothing
- communicating aggressively or using sexual language
- appearing withdrawn, guarded, anxious or frightened, particularly around certain individuals

If safeguarding issues come to light, they should be addressed following the OYT South Safeguarding policy: <https://www.oysouth.org/safeguarding/>

During a voyage we will endeavour to find / encourage:

- opportunities for young people to talk about their experiences of the past few years
- opportunities for conversations with trusted adults where this may be supportive
- some lessons on relevant topics, for example, mental wellbeing or staying safe

Voyage planning should take into account the above, and the fact that some may still struggle with the physical demands of a voyage and the closer proximity to others. More down-time, time for personal space and reflection, may be required, with simplified and reduced sail plans if people are tired.

Likewise, a lack of routine, and classroom discipline may contribute to disengagement for some young people. This could result in an increase in poor behaviour. We must be prepared to adapt our strategies to cope with this. This again may include much more expectation management of what is required that day / that voyage, contract building, more detailed explanations about what is required and why, and listening to the young people's concerns.

[Every Mind Matters](https://www.nhs.uk) - NHS (www.nhs.uk)

## **10. Looking after yourself and supporting sea staff**

Many people may feel they are fully over the pandemic but we should recognise the fact that this may not be the case for everyone.

Voyage planning should potentially allow staff more down-time: time for personal space and reflection. Sea staff debriefs should be held as regularly as possible and staff are encouraged to speak to the Skipper or Chief Operating Officer / Chief Executive if they wish. The sea staff end-of-voyage review is also a good way of everyone getting together to discuss how they feel about the week and how they are generally.

Other sources of support:

1. Talk to someone you trust such as a friend, colleague or family member
2. GP and health care providers NHS 111
3. Listening service
  1. Samaritans 116 123
  2. SHOUT – text SHOUT to 85258
4. Peer support online Mind's [About peer support | Mind](#)
5. Mental health charities
  1. To find what's in your local area [Hub of Hope - Mental Health Support Network provided by Chasing the Stigma](#)
  2. For under 25's [The Mix - Essential support for under 25s](#)
  3. [Childline | Childline](#)
  4. [Mental health and bereavement support for teachers - Our Frontline \(mentalhealthatwork.org.uk\)](#)
6. Also of interest  
[Coronavirus - mental health information and support | Mind](#)  
[I feel overwhelmed | Education Support](#)  
[How to cope with anxiety about lockdown lifting - Every Mind Matters](#) - NHS (www.nhs.uk)

## **11. Infection control (action in case of suspected infection)**

This section starts with a brief outline of the basic strategy but then goes on to explain each step in more detail.

### **Basic strategy**

***If anyone on board has a temperature above 37.8 C, persistent cough, loss of taste and/or smell, headache, stuffy or runny nose, sore throat, shortness of breath, fatigue, loss of appetite, muscle ache, diarrhoea, nausea or vomiting (other than due to seasickness):***

1. Isolate that person.
2. Carry out a rapid lateral flow test on that person.
3. Send that person home ***if the LFT is positive. If it is negative, continue to test that person on a daily basis while symptoms last.***
4. If the LFD test is ***positive***, the voyage will continue for everyone else unless anyone wishes to go home. (Should they choose to go home there will be no refund and they must pay for their own travel costs). The COVID Safe Protocols in Appendix 6 will be implemented.

7.3.2023

## Symptoms

[Symptoms of coronavirus \(COVID-19\) - NHS \(www.nhs.uk\)](https://www.nhs.uk)

### 11.1 Isolation of a person with symptoms

Isolate the person with the suspected infection to protect others on board, while taking a Covid test and waiting for the result. If the test is positive, which means they must go home, they should continue to isolate while they are waiting to be collected from the boat.

- a. The person should be moved, if possible, to a room (probably 1M / engineer's cabin) where they can be isolated behind a closed door, depending on the age and needs of the crew member, with appropriate adult supervision if required. Their belongings should be brought to this room. However, the decision about isolation will depend on how long it is expected to last: if they are going to be collected by a parent or carer within an hour or two, and the weather is good, it may be more appropriate to isolate them in a designated area on deck.
- b. Others may not go into this room / area, except for one designated member of staff to care for the person (see g).
- c. If isolating in a cabin, a porthole should be opened for fresh air ventilation if it is safe to do so, and also, if safe, the door from the workshop to the deck.
- d. the person with suspected infection must wear a face covering (unless exempt) in the presence of others or if moving around.
- e. one toilet (usually the aft heads) will be designated for this person. The heads compartment must then be cleaned and disinfected using standard cleaning products before being used by anyone else
- f. one member of staff will be designated to care for the person if possible. This staff member will wear PPE.

Situation	PPE
2m distance cannot be maintained	A face mask should be worn
Contact is necessary	Gloves, apron and a face mask should be worn
Risk of fluids entering the eye (e.g. from coughing, spitting or vomiting)	Eye protection should also be worn

See <https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities>

- g. look after the welfare of the person with suspected symptoms:
  - monitor temperature, respiration etc.
  - phone 911 / 999 / radio medical advice if necessary.
  - avoid physical examination unless necessary.

A protocol may be arranged with a client or group organiser in the case of suspected infection. The procedure described here includes a level of care for OYT South staff and volunteers as well as the client group, and any alternative protocol agreed with the client therefore cannot fall below these standards but may involve additional precautions if requested by the client.

### 11.2 Lateral flow test on the person with symptoms

A rapid lateral flow test will be carried out on the symptomatic person.

### 11.3 Advice for close contacts on board of someone with COVID -19

- the voyage will continue for everyone else unless they wish to go home. (Should they choose to go home there will be no refund and they must pay for their own travel costs).

7.3.2023

- the COVID Safe Protocols in Appendix 6 will be implemented

#### **11.4 Sea staff who are due to stay on for the next voyage:**

- should have a LFT at the end of the voyage and before the start of the next one, if someone has tested positive OR had symptoms on board.

#### **11.5 Contact CEO and or Chief Operating Officer to formalise plan for:**

- Contacting RPA (Responsible Person Ashore of suspected infected person, and their referring agency if necessary.
- Travel home of the infected person (s)
- Plan for the others on board including travel home if required for anyone

#### **11.6 Travel home arrangements**

It is a condition of booking that all crew members and staff should have a way of travelling home. Parents / carers / RPA must be contactable day or night and prepared to arrange for an individual to be collected from the boat if required.

#### **11.7 Decontamination**

- Any isolation room must be decontaminated
- Follow guidance on disposal of equipment /masks etc when person leaves the vessel. See [COVID-19: cleaning of non-healthcare settings outside the home - GOV.UK \(www.gov.uk\)](https://www.gov.uk/government/publications/covid-19-cleaning-of-non-healthcare-settings-outside-the-home). At a minimum all staff should wear disposable gloves, mask and an apron.

#### *Disposal of waste*

To dispose of waste such as disposable cleaning cloths, face coverings, tissues and PPE from people with symptoms of coronavirus (COVID-19), including people who are self-isolating

- put it in a plastic rubbish bag and tie it when full
- place the plastic bag in a second bin bag and tie it
- put it in a suitable and secure place marked for storage for 72 hours
- this waste should be stored safely and securely kept away from children. You should not put your waste in communal waste areas until the waste has been stored for at least 72 hours.
- storing for 72 hours saves unnecessary waste movements and minimises the risk to waste operatives. This waste does not require a dedicated clinical waste collection in the above circumstances.
- <https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities>
- <https://www.gov.uk/government/publications/emergency-planning-and-response-for-education-childcare-and-childrens-social-care-settings>

## **SECTION D POST VOYAGE**

### **1. Cleaning**

The crew will have done a daily happy hour that day.

### **2. Debriefs**

Both the sea staff group and individual end of voyage reviews and debriefs should cover a review of covid protocols / procedures and also the mental wellbeing of sea staff, if appropriate.

7.3.2023

## **Appendix 1 “COVID Medical Declaration” “The Symptom Check”**

Guidance for sea staff carrying out symptom check: in most cases we will be *asking if the person can confirm A (i) and B (i), all highlighted*, as well as section C (and D for voyage crew).

There may occasionally be examples of people who cannot confirm the highlighted sections but may be safe to sail based on the other options given below. This decision **MUST** have been agreed with OYT South in advance, based on a crew member’s specific personal circumstances plus consideration of whether anyone else booked on the voyage is particularly vulnerable.

In these circumstances:

- the person will have been informed in writing that they can join the voyage
- the boat team will have been informed of the reason for the exemption
- the person must be asked during the symptom check to confirm that nothing has changed.

Exemptions **MAY NOT** be applied during the symptom check if they have not been agreed with OYT South in advance.

I declare that I can satisfy each of the four sections A, B and C below, as well as D for voyage crew:

### **Section A) Symptoms and/or positive tests affecting the person sailing**

EITHER

- (i) I have not tested positive for Covid-19 (even if asymptomatic), or had any signs or symptoms of Covid-19 in the last 10 days (temperature above 37.8 C, persistent cough, loss of taste and/or smell, headache, stuffy / runny nose, sore throat, shortness of breath, fatigue, loss of appetite, muscle ache, diarrhoea, nausea and vomiting); OR if I have had any of these symptoms, I have since had a negative Covid test. Additionally in the case of diarrhoea, nausea and vomiting, I have been symptom-free for two days before joining the boat.

OR

- (ii) If I have recently tested positive for Covid-19, it is more than 10 days since symptoms started (or the day the test was taken if I did not have symptoms), AND I have had no further positive tests, AND I have been approved to sail by OYT South.

OR

- (iii) If I have recently tested positive for Covid-19, and it is between 5 and 10 days since symptoms started (or the day the test was taken if I did not have symptoms), and I have tested negative on at least two consecutive days from day 5 AND I have had no further positive tests, AND I have been approved to sail by OYT South.

### **Section B) Symptoms and/or positive tests affecting contacts of the person sailing**

EITHER:

- (i) I have not knowingly been in contact with anyone who has had any signs or symptoms of Covid-19 in the last 10 days, or who has tested positive

OR

- (ii) I have been in contact with someone who has had signs or symptoms of Covid-19 in the last 10 days, or who has tested positive BUT I am fully vaccinated and had a negative lateral flow test on the morning of the voyage, AND I have been approved to sail by OYT South.

7.3.2023

OR

- (iii) I am not fully vaccinated but my contact with the person came more than 10 days after the day their symptoms started (or the day their test was taken if they did not have symptoms), AND I have been approved to sail by OYT South.

### **Section C) Other requirements**

- I have not been told by a medical professional that I should be taking additional precautions due to the risk of getting COVID -19
- I am not required to self-isolate for travel-related reasons.

### **Section D) for voyage crew**

- You or your parents or guardians have made arrangements so that there will be someone available 24/7 to collect you from the boat as quickly as possible if you develop Covid-19 symptoms during the voyage or if someone on board tests positive for Covid-19.

Please note that anyone required to take a test as part of this declaration will need to take the test at your own expense and OYT South may require evidence of a clear/negative test.

### **Appendix 2 Before Boarding Checklist**

In summary before boarding the vessel everyone will:

- Have a Symptom Check done
- Confirm a clear COVID test if required based on (A) or (B) above
- Sanitize their hands

### **Appendix 3 - Sea Staff / Crew COVID 19 briefing**

#### **For Staff**

- Check they have read Coronavirus SOPs
- The Covid routine to be adopted for this voyage
- Cleaning materials / regime

#### **For Staff and Crew**

The aim is prevention, so:

- Wash your hands often with soap and water for at least 20 seconds or use an alcohol-based hand sanitiser. At a minimum when you come on watch, go off watch, before meals, come back from being on shore, when you want. Follow handwashing poster techniques in heads.
- Cover your cough or sneeze with a tissue, then throw the tissue in a bin. See 'Catch it, Bin it, Kill it' poster
- We will clean and disinfect frequently touched objects and surfaces such as door handles.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Let us know if you have any illness but especially:
  - a new continuous cough
  - a high temperature
  - a loss of, or change in, your normal sense of taste or smell
  - a headache, runny nose or sore throat.

7.3.2023

## **Appendix 4 PPE Gear for dealing with suspected case of COVID -19**

- Goggles
- Mask
- Impermeable gown
- Gloves

Staff mate to keep an eye on stocks and order replacements as needed, including planning ahead for any relief periods.

## **Appendix 5 Extra COVID cleaning materials**

- Paper towels
- Disposable gloves
- Anti-bacterial spray
- Hand sanitiser

Staff mate to keep an eye on stocks and order replacements as needed, including planning ahead for any relief periods.

## **Appendix 6 COVID Safe Protocols: Operating measures when running a voyage when someone has had a positive lateral flow test on board and they are isolated or have left**

These measures are in addition to those listed earlier in this document.

Those in italics *must* be done unless agreed otherwise with the CEO or Chief Operating Officer.

### **1. Activities in general and social distancing:**

The use of good hygiene practices is key to lowering the risk of spreading Covid-19.

Posters will be displayed about hand washing and “catch it, kill it, bin it”.

### **2. Checks during the voyage**

Every day we will carry out the following checks for everyone on board:

- Confirmation that an individual does not have a new continuous cough or a loss of smell and taste, or a headache, runny nose or sore throat.

*LFT will be carried out on anyone showing the Signs and Symptoms of COVID -19.*

### **3. Sea staff**

- *Sea staff staying on board for consecutive voyages should carry out a LFT test at the end of any voyage if someone on board tested positive or had symptoms.*
- *Sea staff who are not staying for the next voyage but who are staying for an extra night must also do a rapid lateral flow test before any incoming sea staff join the vessel if someone on board tested positive or had symptoms.*

#### **4. Face coverings**

- *Must be used when near or in the area that has been occupied by a person who has a positive LFT test onboard until that area has been cleaned and ventilated.*

#### **5. Cleaning**

Consideration should be given to enhanced cleaning routines.

#### **6. Shore leave and use of shore facilities**

If anyone on board has tested positive, the skipper may wish to restrict shore leave and the use of shore facilities for the remainder of the voyage.

#### **7. POST VOYAGE**

##### **7.1. Cleaning**

If anyone has tested positive during the voyage, sea staff will do a deep clean and the infected person's kit (oilskins, lifejacket etc) will be quarantined.

##### **7.2. Debriefs**

Both the sea staff group and individual end of voyage reviews and debriefs should cover a review of covid protocols / procedures and also the mental wellbeing of sea staff, if needed.

#### **References**

<https://nya.org.uk/guidance/>

[Coronavirus: how to stay safe and help prevent the spread - GOV.UK \(www.gov.uk\)](#)

[Guidance for people previously considered clinically extremely vulnerable from COVID-19 - GOV.UK \(www.gov.uk\)](#)

[COVID-19: guidance for people whose immune system means they are at higher risk - GOV.UK \(www.gov.uk\)](#)

[Foreign travel advice - GOV.UK \(www.gov.uk\)](#)

[Travel abroad from England during coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](#)

[Travel to England from another country during coronavirus \(COVID-19\) - GOV.UK \(www.gov.uk\)](#)

[Entry requirements - France travel advice - GOV.UK \(www.gov.uk\)](#)

[Useful Information | Visit Guernsey](#)

[COVID-19 \(Coronavirus\) | States of Guernsey - COVID-19 \(gov.gg\)](#)

[Travelling to, from and through the UK | States of Guernsey - COVID-19 \(gov.gg\)](#)

[COVID-19 Information | Jersey Covid Rules | Visit Jersey](#)

[Travelling to Jersey \(gov.je\)](#)